

News and Views

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One of the residents in MEE's CILA program makes his bed. Residents are taught many daily living skills such as cooking, cleaning, and personal hygiene. The program is designed to help residents learn, grow, and become more independent.

CILA Life Popular With Residents

In our last newsletter, we looked at Malcolm Eaton Enterprises opening its first-ever Coed residential group home. The home is considered a "Community Integrated Living Arrangement," or what is more commonly called a CILA.

What is life like for the residents

of a CILA? According to one of the people in the program, it can be summed up in one word: "Great!"

Much like the day training services that Malcolm Eaton provides at its main campus, CILAs focus on providing training to adults with developmental disabilities. Rather

than focusing on classroom and vocational skills, CILAs focus on teaching individuals household skills such as cooking meals and doing laundry. These skills are just as important in helping individuals work towards greater independ-

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CILA Life



Welcome Home

Top-left: One of the women living in Malcolm Eaton Enterprises' CILA home uses her iPad to learn and play games. People living in the CILA are encouraged to choose and participate in hobbies that interest them. **Top-center:** Life in a CILA is not all fun and games. Residents also learn skills such as cooking, cleaning, laundry and more. These skills help each person become as independent as possible. **Top-right:** Meal time is always an event in a CILA home. Residents help prepare meals while under the supervision of staff. After meals, staff work with residents to help them learn to clean and do dishes. **Left:** Two residents enjoy a friendly video game to relax. CILAs help provide a variety of recreational opportunities both in and outside of the home. **-left:** The Malcolm Eaton Enterprises CILA provides individuals with a safe, clean, comfortable place to grow and learn. Here one of the women living in the home relaxes by watching television after dinner.

CILA Life Popular With Residents

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ence.

The CILA home has trained staff present 24 hours a day, providing direction and support when it is needed. An individual new to the program may require assistance with household tasks at first, but over time, under the supervision of staff, each person grows more comfortable with performing these tasks independently.

CILAs are not just about learning daily living skills, they are also about having fun!

One of the goals of the CILA program is to help individuals become more integrated in their communities. Staff take the individuals on outings where they can participate in recreational opportunities and go shopping at their favorite

stores.

Residents also have recreational opportunities available in their home. One of the more popular group activities in this CILA home was a nightly games of Uno at the kitchen table. The house also has a foosball table and a pool table available for everyone to enjoy.

In addition to group activities, individuals are encouraged to pursue their own interests as well. Some of the individuals own gaming consoles or iPads that they use to play video games. Other common interests were reading books, watching movies, and listening to music.

Each person in the program has their own bedroom. They are encouraged to decorate their room in a way that expresses their personality and interests.



MEE Announces 50th Anniversary Celebration Date

Malcolm Eaton Enterprises is excited to announce the date of its 50th Anniversary Celebration!

The celebration is scheduled for Sunday, September 25, 2016. The event will be an opportunity for Malcolm Eaton Enterprises to celebrate its history in the Freeport area, and to show the public how its programs and services have changed throughout the years.

The celebration will also feature a return of Malcolm Eaton Enterprises' famous "Pork Chop Dinner", which includes two pork chops, applesauce, a vegetable side-dish, a roll, and a drink. The meals are available for a \$9.00 donation to Malcolm Eaton Enterprises.

Volunteers Needed

A full slate of events is still being developed by a committee. If you are interested in volunteering at the event, or serving on the committee, please contact Brian Babcock at MEE. (815) 235-7181 x115

SportsPlex Fundraiser a Success

A colorful poster for a fundraiser. At the top, it says "Freeport Soccer Club 3v3 Tournament". Below that, "Help us reach our GOAL" is written in large, bold letters. The date "Saturday July 25" is prominently displayed, along with the time "12:30 at the Sportsplex". A central image shows a soccer player in a colorful jersey kicking a ball. Text on the right says "Sportsplex Fundraiser" and "1,500 miniature soccer balls will be dropped!". Ticket prices are listed: "One Ticket: \$5" and "Five Tickets: \$20". At the bottom left, it says "Over \$1,000 in Prizes!". At the bottom, it states "Proceeds will help fund operations at the Sportsplex." and includes logos for "FREEPORT SOCCER CLUB" and "Tickets Available From" with a logo for a local business.

The 2015 SportsPlex Fundraiser helped raise over \$3,000 for the Freeport Soccer Club. The funds will be used to help support costs associated with operating the SportsPlex. We want to thank everyone who helped support the event by selling and purchasing tickets. We also want to send a sincere "thank you" to the event sponsors: State Bank, Hasken Construction, FHN, Mack Paper, Danfoss, and R&L Carriers.



MALCOLM EATON

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Coming Up

November 26-27:
Thanksgiving Break
No Day Services

December 18:
Institute Day
No Day Services

December 21-25:
Holiday Shutdown
No Day Services

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A staff member from Malcolm Eaton Enterprises helps an individual learn to use an iPad. The iPads were part of MEE's Habilitative Electronic Learning Program (HELP). The program integrated iPads and learning applications into MEE's classroom curriculum.

“HELP” Program a Success

In November of 2014, MEE began introducing technology into its classrooms under a program called the Habilitative Electronic Learning Program, or HELP for short. The HELP program was funded by the Community Foundation of Northern Illinois (CFNIL) with the aim to bring technology into the lives of adults with developmental disabilities in our area. have been a multitude of individuals who have gone from needing constant reassurance and prompting, to excitedly asking when they can work on the iPad, and working independently when they use them,” said Tracey Kempel, Clinical Programs Manager.

The program was so successful, that several families purchased iPads so that their son or daughter could continue to work on programs at home.

When the HELP program began, less than 15% of the adults enrolled at Malcolm Eaton Enterprises were working towards a goal that involved technology. By October of 2015, that number jumped to 74%.

Technology can be an effective tool in teaching people classroom skills such as math, reading and spelling. It is also effective at helping people master concepts such as colors, numbers and shapes.

“Adding iPads to our training rooms has made a huge impact. There